



AKA JIU-JITSU with Jon Fitch & MMA Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Jiu-Jitsu All Levels 10:45am - 12:00pm		Jiu-Jitsu All Levels 10:45am - 12:00pm		Jiu-Jitsu Marathon Roll 10:45am - 12:00pm	Jiu-Jitsu All Levels 10:45am - 12:00pm
Jiu-Jitsu Advanced (Blue Belt & Above) 5:30pm - 6:30pm	Jiu-Jitsu Fundamentals 5:30pm - 6:45pm	Jiu-Jitsu Advanced (Blue Belt & Above) 5:30pm - 6:30pm	Jiu-Jitsu Fundamentals 5:30pm - 6:45pm	Jiu-Jitsu All Levels drilling 5:30pm - 6:30pm	
Jiu-Jitsu All Levels 6:30pm - 7:30pm	Jiu-Jitsu Fundamentals 7:00pm - 8:15pm	Jiu-Jitsu All Levels 6:30pm - 7:30pm	Jiu-Jitsu Fundamentals 7:00pm - 8:15pm	Jiu-Jitsu Open mat 6:30pm - 7:30pm	
Jiu-Jitsu Open mat 7:30pm - 8:30pm	MMA Class All Levels 8:30pm - 9:30pm	Jiu-Jitsu Open mat 7:30pm - 8:30pm	MMA Class All Levels 8:30pm - 9:30pm		
MMA Class All Levels 8:30pm - 9:30pm		MMA Class All Levels 8:30pm - 9:30pm			